Vision	A sound society where the poor women, marginal and youth lead a quality life of dignity, justice, democracy, secular harmony to the grater participation in sustainable development human development					
	process.					
Mission	Creation of opportunities when women and poor access process of sustainable development organizing various activities for empowerment socio-economic and self reliant					
Legal Status	The Organization YAR is registered under the flowing act.					
	Society Registration Act 1860 bearing registration No.1323/96 of 2002-2003.					
	FCRA No. 105110032 on dated 10 <sup>th</sup> August 2011					
	Income Tax Act ;12ANO-F.N.CIT/SBP/TECH/12A/2011-12/2433					
	80GNOCIT/SBP/TECH/80G/2011-12/2426					
	PAN NO-AAAAY1200F					
Area of Operation	Block-Khariar ,Boden,Sinapali, villages covered -253 of Nuapada District					
Area of	Reproductive Health					
Intervention	Agriculture based livelihood					
	HIV/AIDs, Malaria and other diseases					
	• AYUSH					
	Maternal and Child Health					
	Early child right education and Right to Education					
	NTFPs ,forest and Agriculture based livelihood					
	Women empowerment through producer organization					
	Youth development through sports and vocational training					
Core Strategy	Bottom- top planning approach.					
	Development of grassroots level organization /Community Based organization					
	Promoting livelihood based organization like SHGs, Federation and producer organization					
	Networking with similar working NGOs /CBO and other agency					
	Convergence with government and private agencies for mobilizing support.					



**Our Mission:** - Creation of opportunities when women and poor access process of sustainable development organizing various activities for empowerment socio-economic and self reliant

A sound society where the poor women, marginal and youth lead a quality life of dignity, justice, democracy, secular harmony to the grater participation in sustainable development human development process. To enhance socio-economic status of vulnerable communities through people participation by optimum use of natural resource management.

Our Vision; A sound society where the poor women, marginal and youth lead a quality life of dignity, justice, democracy, secular harmony to the grater participation in sustainable development human development process. To enhance socio-economic status of vulnerable communities through people participation by optimum use of natural resource management.

Operational Area; Presently YAR working in Nuapada & Bolangir district covering 242 remote villages of 33 gram Panchayat in four Block

Sl No	Name of the District	Name of the Block	No of GP	No of villages
1	Nuapada	Khariar	18	93
2	Nuapada	Sinapali	16	80
3	Nuapada	Boden	14	95
4	Bolangir	Turekela	3	18
Total			33	306

#### **MATERNITY WAITING HOME PROJECT**

The main objective of Youth for Action & Research(YAR) is to build a healthy community through promotion and sustenance of good health, prevention of disease, counseling, early diagnosis & treatment and rehabilitation.

Good health is a basic requirement of every human being. The advent of newer medicines and technology has helped to improve the life expectancy of people. Yet, Indian health statistics reveal that the country continues to lag behind in multiple health indicators. A large percentage of children remain malnourished, maternal mortality continues to cause concern even as children die of preventable diseases.

YAR has been working in Sinapali block for now more than three years which was the reason why it chooses to work in Nangalbod.Kendumunda, Badibahal,Kuliadungri & makhapadar Sub



Centre area of Sinapali block. The project area was identified as under served areas for the following reasons:

- 1. Nangalbod is one of the biggest Sub centre area covering two panchayats
- 2. The project area has large concentration of tribals & dalits.
- 3. There is no motor able road to Dangargaon villages of Nangalbod SC and some village of this Sub centre are situated atop a hill.
- 4. The key heath indictors in terms of RCH service delivery in the project area was less than the achievements of sinapali block .
- 5. No communication in the rainy season. Due to UDANTI River.

6.

YAR guidance of health administration in the project area in the month September 2013 to assess the field realities, prior to the project formulation. The socio economic condition of the people of the project area was also assessed. Some of the socio economic indicators which have a bearing on access ing health services of the field area are given below:



KEY SERVICE AREAS: The organization set out to deliver in the following key areas as per the MoU signed with the CDMO Nuapada. However in order to achieve the project goals various types of activities were conducted. Some of the activities touched on more than one area of objectives.

# **Objective of the Project**

>To establish alternative support infrastructure for addressing communication Sproblems in difficult tribal pockets for ensuring institutional delivery.

> To increase institutional delivery in the difficult tribal pockets

#### Salient Features

- Accommodation facilities for expectant mothers & her escorts\*.
- Provision of food for expectant mothers, dependants & escorts.
- Lady Health Care Assistant for attending cases in shifts.
- Provision for shifting of cases from MAA GRUHA to hospital.
- Regular health check-up
- Health education sessions through IPC & Audiovisual aids.
- Recreation facilities at MAA GRUHA like TV, CDplayer etc.



Client friendly environment & support.

#### \*Escort:

- She / He may be her dependant, relative.
- She may also be ASHA/ Equivalent Worker of that area.

### **Key Activities of the Project**

- 1. Inauguration cum launching workshop
- 2. ASHA&PRIs Sensitization
- 4 Counseling to Mother In Law &P
- 5 Facilitation Intersect oral Meeting
- 6. Monthly Review Meeting
- 7. Facilitation Asha Sector Meeting

# PROJECT REVIEW MEETING

the of



about The

Involvement of all stakeholders being key to the success the programme, the project launching workshop was the platform the organization used to create awareness the programme. Inauguration

ceremony was

inaugurated by the ADMO,(FW), stressed the importance of reproductive health services in shaping a society. He advised the NGO staff to effectively use the manpower & infrastructure of the government to optimize service delivery in the project area. Haridas Patel, Secretary, YAR highlighted the critical areas of collaboration between various line department, particularly the WCD department, to enhance quality & quantity of service in the project area. Frequent visits to project area by MHU, & strengthening referral system for better service delivery. The WCD department assured to extend all cooperation in the programme. The seeds of collaborations were



sown with the decision of allowing the NGO staff to attend & share their views in the Sector level meeting of health & WCD department every month

# ASHA&PRI, SENSITISATION

Panchayat



j Institution representatives are one of the major stakeholders of the RCH -II programme. In the





present NRHM scenario, their complementing roles have been upgraded to actual service delivery status. Now they are part of a system where key components like untied fund at Sub Centre, Referral Transport can be better facilitated by them. Understanding the importance of the programme, one workshop each was organized in both the Sub Centre area. The workshop was able to meet the desired objectives of ensuring greater participation of the PRI representatives. The output also included the following:

- 1. PRIs assured to cooperate in better utilization of untied fund
- 2. Facilitation of referral transport through untied fund money.
- 3. Infrastructural support to Sub Centers through other grants
- 4. Health to be an agenda in the monthly meeting of the panchayat
- 5. Construction of roads / bridges to inaccessible areas.

Udanti Utsav is a popular cultural extravaganza where more than fifty thousand people throng to witness the festival. YAR found a perfect opportunity to show case its activities & to create awareness about major issues of the project area. I will not allow any maternal deaths" thereby creating the much needed awareness. Leaflets on various issues, particularly on ANC care, Anemia, Malnourishment, Child health were distributed during the utsav.

Youth for Action and Research (YAR) organized 174 numbers of counseling Session for Pregnant mother& her mother in laws in the project operational villages where 196 old mothers participated. They have been convinced about MAA GRUHA services and now they are no more rigid to the traditional and risky practices. They also came to maa gruha with her BAHA. During Counseling discuss on ANC, PNC, Birth spacing methods, nutritional food, family planning, age of marriage, various facilities and provisions of the government, Institutional delivery and its benefits were discussed. These programmes were participated by 320 number of eligible couples. Some participants of these programmes are now practicing the same.

#### ALTERNATIVE VACINES DELIVERY SYSTEM

YAR has been implementing Alternative Vaccine Delivery System Program (AVDS) at Bdoen, Khariar & Sinapali block of Nuapada district With supports from NRHM, Nuapada. The program started from 1<sup>st</sup> April 2011 to continueining. The main objective of this program is to improve the quality service delivery on Routine immunization in Un served & underserved areas. The AVDS program is fully a supply & Cold change management programme. As per the NRHM norm alternate vaccine delivery system vaccine and logistics should be delivered to health workers at the immunization session sites so that she/he can start the immunization session on time and spend adequate time with antenatal mothers and child. Moreover, after the completion of immunization session vaccine carrier with unused vaccine, wastage and tally sheet of the vaccination coverage need to be returned to the CHC/PHC on the same day.

#### SOCIAL MOBILISATION DRIVE IN MEDIA DARK AREA

**Background** -: Social Mobilisation Drive program in Media Dark areas is designed to supplement all mass media, mid media, IPC and Swasthya Kantha Campaign: It is a special drive expected to be carried out in 20 villages Under CHC ,Komna & CHC,Sinapai very poor performing Sub centre as per identified Block level team. The identified sub center s coincides with tribal pockets and the following indicators high.







- ➤ High IMR/MMR
- > POOR
- > ANC REGISTRATION
- > LOW INTAKE IFA
- > HOME DELIVERY



#### > ANEMIC MALNURISHED MOTHER

- > LOW BIRTH WEIGHT BABIES
- > LOW LEVEL IMMUNISATION

Which are essentially media dark areas poor communications where penetration of television and radio is poor With poor penetration of modern mass media tools, social mobilization tools such as folk dance, folk shows, magic shows etc. are still the most preferred medium for information dissemination. This is organized in the advantageous locations nearing Swasthya Kantha integrating with different traditional / folk media activities like exhibition, meeting etc. with enough pre-publicity.

#### **Key Activities**

- **❖** Mobilization Community through Publicity VAN
- **❖** Community mobilization through Folk Team
- **\*** Exhibition at village
- Updating Swasthya kantha
- **\*** Meeting with Community
- IPC & Follow Up

#### JANANI SISHU SURAKSHYA KARKYAKRAM



medicine

- ✓ Free of fooding
- ✓ Free of Blood

New program Under NHM & it s Benefit to Pregnant Women & Children

- ✓ Free of transportation
- ✓ Free of treatment
- ✓ Free of necessary test
- ✓ Free of



- Safe Motherhood: YAR being a partner NGO of NHM has been implementing the MAA GRUHA Project & promoting Safe Motherhood with the goal of reducing maternal mortality. Anemia coupled with Malaria & sickle cell disease was one of the biggest causes of maternal deaths in Nuapada district & particularly in the project area's. This coupled with malnourishment accentuates the problem. A massive campaign was started to create awareness about the problem & ways & means to address it at community level.
- **Nutrition**: Malnourishment is a major issue in the district which very often leads to Anemia. According to NHFS-3 at least 73% of the pregnant women in Orissa are anemic which gave us enough food for though to start a programme to combat it. Since the target groups were poor, cost effective affordable ways of procuring

Nutritious food was made during the mass IEC campaign. Women held rallies to promote Papaya & Drumstick plantation in the backyard to make available nutritious good at the doorstep of people. Particularly the pregnant women.

- 1. PRIs assured to cooperate in better utilization of untied fund
- 2. Facilitation of referral transport through untied fund money.
- 3. Infrastructural support to Sub Centers through other grants
- 4. Health to be an agenda in the monthly meeting of the panchayat
- 5. Construction of roads / bridges to inaccessible areas.
- 6. Advocacy for filling up of vacancy of health worker & posting of adequate number of doctors & staff nurse to meet increase in Institutional delivery at CHC, Sinapali
- 7. Strengthening Immunization services, particularly in hilly pockets

There were many social issues which could be addressed through long term intervention & in a campaign mode. YAR with the support of NRHM i was able to identify three major issue for campaign during the year. SecretaryYAR Hari Das Patel was very much useful in identifying the issues which needed major intervention.

Nuapada has the maximum numbers of recorded STD (Sexually Transmitted Diseases) & AIDS (Acquired Immune Deficiency Syndrome) patients in Orissa as per a DFID study. Since there are many flesh trade centers in the district, its importance was felt by the organization. During the reporting period, we conducted a workshop for commercial sex workers of Khariar & Boden on long term prospective & collaborative strategies. Overwhelming response to it has propelled us to plan such get- together more frequently. The workshop helped us to understand the needs of the CSWs better & strategies were formulated to create & counter STD & AID. In this context YAR has organized 25 number s of Awareness camp organized in Khariar & Borden Block.

#### OBSERVATION OF WORLD BREAST FEEDING WEEK

YAR organized World Breast feeding Week in 30villages of Boden Komna\* Sinapali Block of Nuapada District with support from CHLILD HELATH NOW CAMPAIGN Odisha Chepter &



also organized 2 batches of training program for Pregnant Mothers, Eligible copuples, Mother In Law & Care givers in the following topic .he said program is organized with the following objective to contribute effectively towards reducing the IMR in the area. These are

- Survival growth and development of child
- survival growth and development of child
- early initiation of breastfeeding with in 1 hour of birth
- Exclusive breastfeeding till six month of age
- complementary feeding practices from 7<sup>th</sup> months
- Breastfeeding till 2 years of age
- Sensitize the community on child rearing practices that contribute to reduce the high IMR,
- Take up IPC at village level to sensitize pregnant women, lactating mothers as well as mother with children U5 on child mortality issues,

# Orientation Programme for SHGs on Government Health Schemes

The Orientation programme for Women SHGs and Refresher Training for SHG Members on RCH was organized at village level in Komna block of Nuapada district. areas:

# **Adolescent Sexual and Reproductive Health:**

In collaboration with other NGOs organized various programmes to help improve the adolescent health status of Komna block in Nuapada District. The programmes were

- **▶** Community Sensitization Programme
- ▶ Adolescent Boys Orientation Programme
- ▶ Adolescent Girls Orientation Programme
- Youth Mela
- ▶BCC Material Development workshop

#### **Sanitation:**

#### **YAR-CLTS:**

Background: In the project area of WORLD VISION in Khariar Block, poor sanitation remains major threat to development, impacting progress. The whole community especially women, adolescent girls, children and infants suffer most from inadequate hygiene and sanitation facilities. The two main causes of mortality among children under age five – acute respiratory infections and diarrhea diseases – are closely linked to poor water, hygiene and sanitation. Girls and women are made more vulnerable by poor sanitation and hygiene. Lack of safe, separate and private sanitation inhibits the likelihood of disease during pregnancy. Furthermore, these conditions expose women and girls, who are forced to defecate only in the dark, to serious illness brought on by waiting and increased risk for harassment and assault during the night-time walk to and from defecation fields. Human faces are the main source of diarrhea which is a major disease in the project area.



Keeping this in mind YAR with the support of WORLD VISION has started **Community Led Sanitation** programme focusing on engaging communities, creating demand for sanitation, and supporting the development of sustainable systems and appropriate technologies focusing on community behavior and social change, empowering communities to collectively change their sanitation situation viewed it as a social responsibility.

#### **Objective**

- Elimination of open defecation through 100 per cent latrine coverage in targeted villages in 3 Gram Panchayts through behaviour change.
- Enhancement of personal, house hold and environmental hygiene behavior and sustainable use of sanitation facilities
- Engagement of community in development activities, thereby enhancing their personal and leadership skills.
- Provide linkages and support for toilet construction materials and supplies at district level
- Develop a resource of Motivators capable of undertaking ODF implementation in villages and also give continuation sanitation support to the village after ODF is achieved.
- Provide linkages and support to toilet construction incentives that are available for households at district and block level from state government

# **Description of the project**

WORLD VISION is supporting the financial support to the Community Led Sanitation (CLS) approach for generating demands in the community for toilets through sustainable behavioural change along with facilitating various innovative supply-chain management systems. YAR has been a part of the DWSM,Nuapada . The project would broadly engage engagement with diverse members of the community, including households, schools, health centers and traditional leadership structures. In the process communities would lead the change process and use their own capacities to attain their objectives. The Project has been implemented by YAR in following villages .

#### The scope of intervention:

S.	District	Block	GPs Name	Revenue	Actual	Total H.H under
No.		Name		Villages no.	Villages	SBM Base line
1	Nuapada	Khariar	Dabri	6	6	2671
2			Ranimunda	6	6	937
3			Sardhapur	4	4	687



Total	1 Block	8GPS	16	16	4295

- 1. Orientation of Staffs: Organized 1 days to facilitators by the 1<sup>st</sup> week of may-2017 at YAR office. The orientation given focus on experiential learning and development of skills to facilitate community-led sanitation at the village level and session on attitude and behavior of facilitators, principles and practices of CLS, simulation of triggering process, follow-up strategy and technology options. The programme with included field visit sessions at village level. The participants of the training are staffs and volunteers.
- 2. Village level Triggering: CLS approach being used on the project is different from the
  - conventional CLS approach that is open to starting with simple toilets as the starting point of a sanitation ladder. As per the adopted CLS approach and strategy on the project, people in rural communities are triggered to analyze and undertake collective local action to construct only safe and improved sanitary latrines using their own resources and money. Triggered communities are facilitated to abandon the practice of open defecation and to achieve



an open defecation free (ODF) living environment in their village.

The process of triggering that started in beginning of May and triggered done in 8 operational villages.

3. Sanitation Drive through FOLK **SHOW**: Organized the Sanitation at Dabri, Rampurguma, Bhairaipur villages with **Panchayats** and coordinator with RWSS team from of inception the program for community mobilization and successful implimentaion the program and make ODF of the villages



- in the GP. in the presence of PRI Members, Anganwadi Workers, Teachers, ANM and RWSS staff.
- **4. Formation of Nigranee Committee:** During the reporting period 8nos Nigranee committee Formed and Strengthened the committee in 8 villages and they are monitoring in their villages. Both male and female children were joined in these Committees. out of them Rampurguma committee have taken resolution for declared ODF with in 15<sup>th</sup> June -2106

The following table presents an update of the activities undertaken and results achieved so far under the project.

Name of the Block	Name of the GP	No. of villages triggered	No. of Village Sanitation Committees	ODF Village	Near ODF Villages
Khariar	Dabri	4	4	0	0
	Ranimunada	3	7	0	0
	Sardhapur	1	1	0	0
1 Block	3GPS	8	8	0	0

# **Toilets construction status**

Name of the GP	No. of Village	Total HHs	Toilet constructed	Under Construct ion
Ranimunda	7	2671	360	145
Dabri	6	937	190	65
Sardhapur	4	687	300	120
Total:	17	4295	5145	330



# **Construction of Twin pits Toilets**

YAR has taken initiative to construct twin pits toilet in kotamal ,& Rampurguma&Palma in this months where about 300 rings & cover have already been constructed & started to suppaly to

construction side. Negocialtion with SHGs those who are involved in construction of IHHL through DWSM,Nuapada in consultation with local Block co ordinator ,JE ,CC, RWSS for smooth progress, 110 nos beneficiary list has been uploaded in SBM website for issues of work order .

### **Entrepreneurship Development:**

A lot of fundamental changes are taking place in the village economy mostly in the developing parts of the country. As men migrate from villages, the economy of a village is adversely affected. The most affected by this change are women who are left alone to bear the brunt. Since they are not considered to be the bread earners, their position in society has actually deteriorated from the time when they would work as equals with their spouses in the fields.

Given this understanding, yar has been laying a special focus on women entrepreneurs. The Women Entrepreneurship Development Program of is an outcome of its experience of last 10 years while working with Women. We build the capacity of these women for making it as a base of initiating with their livelihood generation and income generation activities. The program is empowering these women for entrepreneurship in distribution of critical and value added services to the rural communities.

While enlisting, coaching and training the women entrepreneurs is difficult and expensive, has found that once a woman entrepreneur is inducted, the impact is not only on that one woman entrepreneur but transcends to the family and eventually to the whole community and they have the potential to become role models for younger women and girls. was successful in building capacity and creating more than 200 women entrepreneurs in its aarea of operation .YAR also supported them in mobilizing credit to start their micro enterprise.

# **Formation and Strengthening of Farmer's club:**



Considering the importance of land and agriculture development, the organization has formed 25nos of Farmers' Club as primary vehicle for restoring agricultural production and implementation of participatory research and extension processes through the formation, establishment and/or strengthening of community-based "producer groups". Members of "Farmers' Club learn improved production, processing and marketing. Farmers' Clubs are groups like-minded "entrepreneurial" small-

scale producers involve in an experimental learning-based approach to technology adaptation and dissemination. They involve the establishment of a 20 to 30-member farmers' groups that meets weekly

on one of their member's fields/operations throughout an entire production season in order to try to solve one or more of their own self-identified problems. The groups are supported by trained facilitators rather than teachers/extension workers, learning together with the farmers and sharing his or her own scientific knowledge where appropriate.

#### **TRAINING ON SUSTAINABLE FARMING:**

During the reporting period 124 farmers have been provided with trainings on eco-friendly sustainable farming to increase their productivity. The improve farming methods were prescribed to the farmers with support of the staffs from the agriculture department, oirgaon d experienced successful farmers. Farming methods like Line transplanting under NFSM Program also encouraged in Padmapur,Litisargi,Kendumuand a& Nangalbod village area which have been proved successful in the region with encouragement from the department. During the present phase more than 150 farmers in the project area have been benefited directly or indirectly from various interventions under the



agricultural program of YAR. These interventions cover training on improved farming practices, promotion of organic manure, Promotion of vermin-composting, livestock development, support for horticulture plantation, vegetable

**Training on Improved farming practices:** 



Management of crop nutrients, pest and diseases is crucial for promotion of Sustainable Agriculture and yar has been trying to improve it since its inception. In various programmes organised by YAR total of 375 farmers participated. Growing a variety of crops is a traditional practice of many farmers in Kaniha Block. To meet their household consumption requirements many farmers were growing diverse crops earlier and their dependency on market was also limited. But due to the market economy and introduction of cash crops inappropriate to the area, over a period of time not only the food basket of the poor farmers

has been reduced but also there has been a significant change in the crop pattern.

# **Promotion of vermi-composting:**

A number of farmers have been provided with technical inputs to take up vermi-composting. Vermi-compost is an ecologically sound and cost-effective form of organic fertilizer that boosts crop productivity and reduces dependence on chemical fertilizers. As a result of these efforts, 180 farmers took up vermi-composting this year. Some challenges continue to be faced in terms of ensuring that farmers provide the required care but at the same time, some farmers have



started spreading the technology and are selling worms to other farmers so that they can produce their own vermi-compost.

# **Support for Horticulture Plantation**

During the year more than 200 farmers were supported in planting fruit saplings of which around 60% are amla and the remaining 40% include mango, lemon and guava. These farmers mostly concentrated in those areas where water resource development and watershed activities have been carried out.

#### **Vegetable Cultivation**

More than 75 female farmers have newly started vegetable cultivation in their kitchen garden. The idea behind this intervention is to strengthen the capacity of these farmers to produce vegetables at the village level for both self-consumption and income generation. As the results of these interventions having proved quite promising, the introduction of new initiatives such as the use of drip irrigation systems and sprinklers are being considered.

### **School level Quiz Prog on Financial literacy:**

The need of the hour for the secure future of finance is essential. Students need to understand basic money management skills such as living within a budget and handling credit and debt. With a view educate among the High School students YAR has organized 5nos. "Quiz Competition on Financial Literacy" with the support of NABARD from 7<sup>th</sup> to 9<sup>th</sup> January'2016





the block Quiz of Boden in Nuapadal district.

#### **Process:**

Competition through questionnaires

- 1. Evaluation the Q/A sheet and selection of 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> candidate.
- 2. Mass awareness for spreading the messages among the School students on benefits of banking, benefits of having bank account and interacted with the students on financial literacy.
- 3. Participants' feedback collection of the programme
- 4. Prize distribution and



#### ANNUAL REPORT 2017-18, YOUTH FOR ACTION & RESEARCH

# 5. Warp of the programme

#### VOCATATIONAL TRAINING VEDANTA SIKHA PROGRAM



#### **Design Training Development Workshop**

25 youths benefited from 15-days Design Training Development Workshop. The target group belonged to Badi k G.P of Khariar block in Nuapada District. During the Vocational Training Programme YAR imparted the following training to develop the skill of rural youth. The programme intended to empower the youth economically and self dependence.

#### **YOUTH DEVELOPMENT:**

To promote the youth force and make them organized seven youth clubs have been strengthened

and provided with the support to initiate social and issue based actions in their area to be a part of the development process. Their involvement hereafted in a man process with indicators and means of verification like, less exploitation by the businessmen and local touts, smooth & proper business of NTFP, participation of youth in different development programs and village development process.



# ORGANOGRAM OF YOUTH FOR ACTION & RESEARCH



