

YOUTH FOR ACTION & RESEARCH,(YAR) AT-PADMAPUR,PO-BADI,PS-KHARIAR DIST-NUAPADA,ODISHA

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FROM THE SECRETARY DESK

EMPOWERMENT is process & the process has long suffered which is the major reason for creation of disparity. Disparity divides society on parochial lines & creates anger in the minds of poor. Naxalism which is slowly but steadily spreading its fangs in the under developed region of Orissa can only be stemmed by development & removing regional imbalance. Empowerment of people, particularly the marginalized & vulnerable is the best strategy & YAR has adopted a right based approach to catalyze the process.

Health, Education & livelihood are three major areas which can speed up development. Those enjoying power have always tried to perpetuate that by taking advantage of ignorance of majority. Access to livelihood are limited in rural areas & health problems creates indebtedness which starts the chain of impoverishment in the family. Integration of Health & livelihood is a major work now at YAR which is done through grassroots interventions as well as policy advocacy.

The strength of grass root presence has helped articulate the wishes of the people for policy level intervention & the advocacy team has done a marvelous job of throwing up many issues at local, state , national & even global level. With new proactive law , it has become easier for us to take forward our advocacy campaign.

During the current year, YAR strengthened its grip on public health & maternal health issues through its numerous campaigns & programmes. As recognition of such effort, now it is in different state & national think tank groups & wish to use the opportunity to push the case of marginalized people.

The team at team has always worked complementing each other which is the major reason why we have always succeeded as a group. Such team work needs to be acknowledged & I wish many more join us in our endeavor. This is also an opportunity to thank the District Administration, Our Staffs volunteers from the community

Haridas Patel

Secretary, YAR

01	Name of the Organization	YOUTH FOR ACTION & RESEARCH(YAR)
02	Regd. & Head Office	At- Padmapur,Po- Badi
		Via- Khariar ,Dist- Nuapada

		Pin- 766107, Orissa		
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03	Field Office	At/Po-Sinapali, Dist- Nuapada,		
04	SRA Regd. No. & Date	Registered under society Registration Act		
		XXI of 1860 bearing registration No. NPD		
		1323/96of 2002-2003		
05	FCRA Registration	The Organization is Registered under		
		FCRA1976 bearing regd. No. 105110032		
		on dated 10/08/2013		
06	Income Tex (12A & 80G)	CIT/SBP/TECH/80G/2011-12/2426		
		CIT/SBP/TECH/12A/2011-12/2433		
07	PAN No	AAAAY1200F		
08	Operational Area	Nuapada District &Turekela Block of		
		Bolangir Dist		
09	Staffs /Human Resource	21 full time and 5 part time		

Our Mission: - Creation of opportunities when women and poor access process of sustainable development organizing various activities for empowerment socioeconomic and self reliant

A sound society where the poor women, marginal and youth lead a quality life of dignity, justice, democracy, secular harmony to the grater participation in sustainable development human development process. To enhance socio-economic status of vulnerable communities through people participation by optimum use of natural resource management.

Our Vision;- A sound society where the poor women, marginal and youth lead a quality life of dignity, justice, democracy, secular harmony to the grater participation in sustainable development human development process. To enhance socioeconomic status of vulnerable communities through people participation by optimum use of natural resource management.

Operational Area; **Presently YAR** working in Nuapada & Bolangir district covering 242 remote villages of 33 gram Panchayat in four Block

SI No	Name of the District	Name of the Block	No of GP	No of villages
1	Nuapada	Khariar	18	93
2	Nuapada	Sinapali	16	80
3	Nuapada	Boden	10	54
4	Bolangir	Turekela	3	18
Total		33	245	

MAA GRUHA PROJECT

YAR has been working in Sinapali block for now more than three years which was the reason why it chooses to work in Nangalbod.Kendumunda,Badibahal,Kuliadungri & makhapadar Sub Centre area ofSinapali block. The project area was identified as under served areas for the following reasons:

- 1. Nangalbod is one of the biggest Sub centre area covering two panchayats
- 2. The project area has large concentration of tribals & dalits.
- 3. There is no motor able road to Dangargaon villages of Nangalbod SC and some village of this Sub centre are situated atop a hill.
- 4. The key heath indictors in terms of RCH service delivery in the project area was less than the achievements of sinapali block
- 5. No communication in the rainy season. Due to UDANTI River.

YAR guidance of health administration in the project area in the month September 2013 to assess the field realities, prior to the project formulation. The socio economic condition of the people of the project area was also assessed. Some of the socio economic indicators which have a bearing on accessing health services



of the field area are given below:

KEY SERVICE AREAS: The organization set out to deliver in the following key areas as per the MoU signed with the CDMO Nuapada. However in order to achieve the project goals various types of activities were conducted. Some of the activities touched on more than one area of objectives.

Objective of the Project

>To establish alternative support infrastructure for addressing communication S problems in difficult tribal pockets for ensuring institutional delivery.

> To increase institutional delivery in the difficult tribal pockets

Salient Features

- Accommodation facilities for expectant mothers & her escorts*.
- Provision of food for expectant mothers, dependants & escorts.
- Lady Health Care Assistant for attending cases in shifts.
- Provision for shifting of cases from MAA GRUHA to hospital.
- Regular health check-up
- Health education sessions through IPC & Audiovisual aids.

- Recreation facilities at MAA GRUHA like TV, CD player etc.
- Client friendly environment & support.

*Escort:

- She / He may be her dependant, relative.
- She may also be ASHA/ Equivalent Worker of that area.

Key Activities of the Project

- 1. Inauguration cum launching workshop
- 2. ASHA&PRIs Sensitization
- 4 Counseling to Mother In Law &P
- 5 Facilitation Intersect oral Meeti
- 6. Monthly Review Meetin
- 7. Facilitation Asha Sector Meeting

Involvement of all stakeholders being the key to the success of the programme, the project launching workshop was the platform the organization used to create awareness about the programme. The Inauguration ceremony was inaugurated by the Collector Nuapada Shri.Jayakumar .V . Dr. Simanchalam ADMO, (FW), stressed the importance of reproductive health services in shaping a society. He advised the NGO staff to effectively use the manpower & infrastructure of the government to optimize service delivery in the project area. Haridas Patel, Secretary, YAR highlighted the critical areas of collaboration between various line department, particularly the WCD department, to enhance quality & quantity of service in the project area. Frequent visits to project area by MHU, & strengthening referral system for better service delivery. The WCD department assured to extend all cooperation in the programme. The seeds of collaborations were sown with the decision of allowing the NGO staff to attend & share

ASHA&PRI, SENSITISATION





Panchayat Rai Institution representatives are one of the maior stakeholders of the RCH -II programme. In the present NRHM their scenario. complementing roles have been upgraded to actual service delivery status. Now they are part of a system where key components like untied fund at Sub Centre, Referral Transport can be better facilitated by them. Understanding the importance of the programme, one workshop

each was organized in both the Sub Centre area. The workshop was able to meet the desired objectives of ensuring greater participation of the PRI representatives. The output also included the following:

- 1. PRIs assured to cooperate in better utilization of untied fund
- 2. Facilitation of referral transport through untied fund money.
- 3. Infrastructural support to Sub Centers through other grants
- 4. Health to be an agenda in the monthly meeting of the panchayat
- 5. Construction of roads / bridges to inaccessible areas.

Udanti Utsav is a popular cultural extravaganza where more than fiftythousand people throng to witness the festival. YAR found a perfect opportunity to show case its activities & to create awareness about major issues of the project area. I will not allow any maternal deaths" thereby creating the much needed awareness. Leaflets on various issues, particularly on ANC care, Anemia, Malnourishment, Child health were distributed during the utsav.

Counseling to EC & Mother-in-Law for greater male Counseling to EC & Mother-in-Law for greater male participation participation



Youth for Action and Research (YAR) organized 174 numbers of counseling Session for Pregnant mother& her mother in laws in the project operational villages where 196 old mothers participated. They have been convinced about MAA GRUHA services and now they are no more rigid to the traditional and risky practices. They also came to maa gruha with her BAHA. During Counseling discuss on ANC, PNC, Birth spacing methods, nutritional food, family planning, age of marriage, various facilities and provisions of the government, Institutional delivery and its benefits were discussed. These programmes were participated by 320 number of eligible couples. Some participants of these programmes are now practicing the same.

ALTERNATIVE VACINES DELIVERY SYSTEM

YAR has been implementing Alternative Vaccine Delivery System Program (AVDS) at Bdoen,Khariar & Sinapali block of Nuapada district With supports from NRHM ,Nuapada.The program started from 1st April 2011 to continue . The main objective of this program is. to improve the quality service delivery on Routine immunization in Un served & underserved areas.The AVDS program is fully a supply & Cold change management programme. As per the NRHM norm alternate vaccine delivery system vaccine and logistics should be delivered to health workers at the immunization session sites so that she/he can start the immunization session on time and spend adequate time with antenatal mothers and child. Moreover, after the completion of immunization session vaccine carrier with unused vaccine, wastage and tally sheet of the vaccination coverage need to be returned to the CHC/PHC on the same day.

VILLAGE CONTACT DRIVE

Background -: Village Contact Drive program in Media Dark areas is designed to supplement all mass media, mid media, IPC and Swasthya Kantha Campaign: It is a special drive expected to be carried out in 10 villages Under CHC ,Khariar very poor performing Sub centre as per identified Block level team. The identified sub center s coincides with tribal pockets and the following indicators high.



- > ANEMIC MALNURISHED MOTHER
- > LOW BIRTH WEIGHT BABIES

- High IMR/MMR
- > POOR
- > ANC REGISTRATION
- > LOW INTAKE IFA
- HOME DELIVERY

> LOW LEVEL IMMUNISATION

Which are essentially media dark areas poor communications where penetration of television and radio is poor With poor penetration of modern mass media tools, social mobilization tools such as folk dance, folk shows, magic shows etc. are still the most preferred medium for information dissemination. This is organized in the advantageous locations nearing Swasthya Kantha integrating with different traditional / folk media activities like exhibition, meeting etc. with enough prepublicity.

Key Activities

- Mobilization Community through Publicity VAN
- Community mobilization through Folk Team
- Exhibition at village
- Updating Swasthya kantha
- Meeting with Community
- ✤ IPC & Follow Up
- JANANI SISHU SURAKSHYA KARKYAKRAM

New program Under NHM & it s Benefit to Pregnant Women & Children

- ✓ Free of transportation
- ✓ Free of treatment
- ✓ Free of necessary test
- ✓ Free of medicine
- ✓ Free of fooding
- ✓ Free of Blood
- Safe Motherhood: YAR being a partner NGO of NHM has been implementing the MAA GRUHA Project & promoting Safe Motherhood with the goal of reducing maternal mortality. Anemia coupled with Malaria & sickle cell disease was one of the biggest causes of maternal deaths in Nuapada district & particularly in the project area's. This coupled with malnourishment accentuates the problem. A massive campaign was started to create awareness about the problem & ways & means to address it at community level.
- **Nutrition** : Malnourishment is a major issue in the district which very often leads to Anemia . According to NHFS-3 at least 73% of the pregnant women in Orissa are anemic which gave us enough food for though to start a programme to combat it. Since the target groups were poor, cost effective affordable ways of procuring

Nutritious food was made during the mass IEC campaign. Women held rallies to promote Papaya & Drumstick plantation in the backyard to make available nutritious good at the doorstep of people. Particularly the pregnant women.



A large chunk of populations, especially the landless & the dalits migrate to urban

centres in the summer season to earn their livelihood. Single male migration is also seen amongst these groups thereby increasing the vulnerability of the women. Further sue to the social structure. women have been sufferina silently as reports of RTI/STI can evoke reaction in the community & making her character

questionable at times. Due to the shyness of the community to discuss these matters freely, the number of reported cases is, less. Even the baseline, may have missed this vital information as eliciting such confidential information is a time consuming affair & can only be obtained after gaining the confidence of the affected persons. In order to address the problem, some key activities were taken up during the reporting period.

INVOLVEMENT OF PRI-:Panchayat Raj Institution representatives are one of the major stakeholders of the CMD programme. In the present NHM scenario, their complementing roles have been upgraded to actual service delivery status. Now they are part of a system where key components like untied fund at Sub Centre, Referral Transport can be better facilitated by them. Understanding the importance of the programme, . The Village Contact Drive was able to meet the desired objectives of ensuring greater participation of the PRI representatives.

The output also included the following:

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- 2. Facilitation of referral transport through untied fund money.
- 3. Infrastructural support to Sub Centers through other grants
- 4. Health to be an agenda in the monthly meeting of the panchayat
- 5. Construction of roads / bridges to inaccessible areas.

- 6. Advocacy for filling up of vacancy of health worker & posting of adequate number of doctors & staff nurse to meet increase in Institutional delivery at CHC,Sinapali
- 7. Strengthening Immunization services, particularly in hilly pockets

There were many social issues which could be addressed through long term intervention & in a campaign mode. YAR with the support of NRHM i was able to identify three major issue for campaign during the year. SecretaryYAR Hari Das Patel was very much useful in identifying the issues which needed major intervention.

IEC/CUM HEALTH CAMP ON HIV/AIDS FOR RETURNEE MIGRANT



Nuapada has the maximum numbers of recorded STD (Sexually Transmitted Diseases) & AIDS (Acquired Immune Deficiency Syndrome) patients in Orissa as per a DFID study. Since there are flesh trade centers the many in district, its importance was felt by the organization. During the reporting period, we conducted a workshop for

commercial sex workers of Khariar & Boden on long term prospective & collaborative strategies. Overwhelming response to it has propelled us to plan such get- together more frequently. The workshop helped us to understand the needs of the CSWs better & strategies were formulated to create & counter STD & AID. In this context YAR has organized 25 number s of Awareness camp organized in Khariar & Borden Block.

INFANT YOUNG CHILD FEEDINFG PRACTICES



YAR organized 5 batches of training program for Pregnant Mothers, Eligible copuples ,Mother In Law & Care givers in the following topic .he said program is organized with the following objective to contribute effectively towards reducing the IMR in the area. These are

- Survival growth and development of child
- survival growth and development of child
- early initiation of breastfeeding with in 1 hour of birth
- Exclusive breastfeeding till six month of age
- complementary feeding practices from 7th months
- Breastfeeding till 2 years of age
- Sensitize the community on child rearing practices that contribute to reduce the high IMR,
- Take up IPC at village level to sensitize pregnant women, lactating mothers as well as mother with children U5 on child mortality issues,

The program mostly focused upon most observable child rearing practice like;

- Improvement in the knowledge and child seeking Behavior of the community
- Improvement in the take up IYCF information Strengthening of mother support group
- Bating of new born immediately after birth,
- External application like, oil, cream or indigenous traditional herbs etc. on the umbilical cord,
- Avoid giving colostrums,
- Starting supplementary food practice immediately after birth,
- Avoid continuation of feeding during diarrhea,

AYUSH PROGRAM

During this year YAR taken follow up actions in the AYUSH program conducted previous year with support and guidance Bio Diversity Board Khariar block of Nuapada District. Like earlier YAR organized the following activity in village level and school level

- Community awareness on AYUSH,
- Organized Health camp
- Village level awareness meeting



• Demonstration of Yoga in school

NATURAL RESROUCE MANAGEMENT:

PROMOTION OF AYURVEDA AND HERBAL GARDEN: To promote the use of herbal medicine and protect the extincting valuable herbs YAR has taken initiative to preserve the traditional knowledge and created demonstration grounds at four villages to popularize it in its area.

For common use the villagers of four villages are oriented about its use and of indigenous knowledge and YAR has been promoting herbal plants for a long time. People are made aware about not only the medicinal value of herbal plants but also the economic benefit that can accrue to them from its sale

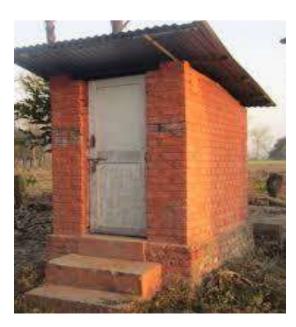
YOUTH EMPOWER MENT & VEDANTA SIKSHYA PROGRAM

200 youth have provided skill training on computer & Tailoring in khariar & Boden block of nuapada district out of 76 youth girls provided 3 months Tailoring training .



after training the youth received certificate. After that they engaged some shop & open their own tailoring shop in the village level. A total 200 drop out youth were euiped with vocational skill such as mobile repairing electrician ,with support of RSETI,Nuapada

LOW COST LATARINEE:



Though the united effort of Youth for action & Research 102 nos of latrines low cost latrines were installed in the project areas with collaboration with the RWSS,Khariar

Water is a natural resource, though available in plenty is the root cause of all ills of this district. Though thousands of corers (literally) have gone down the drain, the district is hit by perennial draughts. The district has received on an average more than 1000 millimeters of rainfall each year baring a couple of years in the last 25 years, yet recurrent draughts have broken the back bone of the people. Hence in order to ensure rich harvest, we set about making water everybody's business.

Under the programme, villagers are trained on how to harvest water the traditional way by making small Bunds, *katas* ... The benefit of water harvesting & its cost utility was explained to them. Farmers, activists formed the core of the trainees. Though we have started in a very small way, we hope to take the campaign to every doorstep in the near future

CHILD RIGHTS AND ECCD :

YAR was able to fulfill its aim of mainstreaming of child labour into formal schools during the reporting period. We mainstreamed 21 children studying in two Panchayats this year. YAR has also focused to six Anganwadi centres to encourage the right imparting of pre-primary education instead of only nutrition program neglecting the six pack service in Khariar block area.

Volunteers of the organization have provided assistance to the Anganwadi workers to run their centers effectively.

Besides those the organization has taken initiatives in regularizing the mother and child survival related programs of the government to promote the child rights in the area to stabilize the integrated development.



Two rallies have been conducted with five public meetings to aware the community about the child rights for their promotion

EDUCATION :

To promote quality education in the area the organization has taken efforts to encourage the teachers in providing quality education with capacitating the School

committees and the community for better functioning.

The organization has taken effort towards regularizing the meetings of25 school committees to monitor and manage the education process in their village of Khariar block of the district.



The teachers are also motivated to provide child friendly education to the students overcoming the barriers in the learning.

In three Sevasharm School of Block facilitation to School manangement committee & preapared the Model School Development plan.

LIVELIHOOD -:

Access to livelihood has been a challenge to each of the individual. Experience has shown that Livelihood & health are so inter dependent that it couldn't be addressed in isolation. All major debts are created for emergency health care & if land is mortgaged for it, then the viscious cycle of exploitation has no end. Good health being key to earn a descent livelihood & vice versa, augmenting livelihood is a major work at YAR. YAR adopts multiple options to addresses the livelihood security of the people, some being direct interventions & some through pro people advocacy. Social security is another area of concern as it addresses vulnerability & YAR has been focusing on the programmes of the government to address it.

Farmers Club Programme;-

Duringe the reporting period YAR Formed 30 numbe of farmers club in the Boden Block of Nuapada district. There is different issues related to agriculture like low input investment, low production, distress sales of produces, slow technology transfer, lack of skill and knowledge based technologies, value addition and marketing. Village level community based organization is required for addressing the above issues so the organization formed two numbers of cluster level farmers club formation with the financial support of NABARD. The total membership of 325 & around 250 who are trained on the flowing aspects.

- Training on onion cultivation, storaging, grading and collective marketing
- Training on farmers clubs on institution building and their governance system
- SRI Paddy cultivation
- Green gram cultivation

The five principles are:

- Credit must be used in accordance with the most suitable methods of science and technology.
- The terms and conditions of credit must be fully respected.
- Work must be done with skill so as to increase production and productivity.
- A part of the additional income created by credit must be saved.
- Loan installments must be repaid in time and regularly so as to recycle credit.

During the reporting period, the farmers clubs are linked with local bank for credit service and agriculture department and other line department.

HORTICULTURE: The Organisation continued to tie up with the National Horticulture Mission to promote horticulture crop in the project area. During the reporting period, 137 beneficiaries were supported with Mango saplings which were tied up with the mission. The survival rate of saplings were more than 81% due to the meticulous way of plantation & care by the beneficiaries.

Onion & Vegetable Cultivation

More than 75 farmers have newly started vegetable cultivation in their kitchen garden. The idea behind this intervention is to strengthen the capacity of these farmers to produce vegetables at the village level for both self-consumption and income generation. As the results of these interventions having proved quite promising, the introduction of new initiatives such as the use of drip irrigation systems and sprinklers are being considered

Livestock Development:

YAR) in collaboration with the J.K TRUST have been able to support more than 100 farmers in its area of operation in vaccinating their cattle's& Crushed. A number of animal health camps were also organized this year from which approximately 500 livestock animals benefited.

NON TIMBER FOREST PRODUCES HARVESTING & STORING

The Non timber produces play a significant role livelihood security of poor dependent communities. In YAR vear organized 12umbers of training on & Harvesting Storing for



forest very in the

forest

this

NTFP

Collectors .The people of the area depend on forest for food, employment, entertainment etc. It is a key strategies for enhance the level of income of the primary NTFPs collectors and livelihood security. The primary collectors are federated in primary cooperative promoted by the organization.. After established dialogue with district administration and PRIs members, now NTFPs price fixation is being done in right time and circulated among different stakeholders.

MYROBALANS PROCESSING: Processed Myrobolans are not only a source of income for the organization but is a process where training is an important part. Women continue to get trained in our workshop & many of them have started their

oen enterprise, with the organization lending the marketing support. The following products are processed & marketed by YAR.

1. Triffala – an ayurvedic drug used as a laxative & digestive

2. Pachan Amla – a digestive & mouth freshner An Amla based facial

WOMEN EMPOWER MENT

Awareness Generation Program

Gender disparity manifests itself in various forms, the most obvious being the trend of continuously declining female ratio in the population in the last few decades. Social stereotyping and violence at the domestic and societal levels are some of the other manifestations. Discrimination against girl children, adolescent girls and women persists in parts of the country. The underlying causes of gender inequality are related to social and economic structure, which is based on informal and formal norms, and practices. Consequently, the access of women particularly those belonging to weaker sections including Scheduled Castes/Scheduled Tribes/ Other backward Classes and minorities, majority of whom are in the rural areas and in the informal, unorganized sector – to education, health and productive resources, among others, is inadequate. Therefore, they remain largely marginalized, poor and socially excluded.

Awareness Generation Programmes were carried out on different topics concerning women like formation of women SHGs, community organizations, leadership, gender issues, women rights and empowerment, Local self governance, Entrepreneurship, Health & Nutrition etc. Women are made aware of the various Govt. Schemes and Program, their rights and reservations, and credit management.

MICRO CREDIT

YAR convergence with panchayat samiti khariar & ICDS department, & organized 10 numbers of orientation program for WSHGs leaders in the following Topic.



- 1. Management of SHGs
- 2. Saving & Credit Management
- 3. Link With Bank

- 4. Skill development of women for different income generation activities.
- 5. OLM Activities & scope of SHGs
- 6. Different health problem of children and women for maintaining good health and reduce the expenses on health problem.
- 7. participation in development of micro plan of villages
- 8. Interface of members of SHGs with officials of Government line departments and financial Institutions and representatives of PRIs
- 9. Exposure visits of members of SHGs to see successful models

.As a result 13 nos of women SHGs Link with Bank under OLM Project.

OUR SUPPORT TEAM

	GOVERNMENT/NON GOVERMENT
1	Ministry of Health & Family Welfare Govt of odisha
	National Health Mission (NHM)
2	Ministry Of Forest & Environment
3	Ministry Of Women & Child Development
4	Panchyat Raj Department,Govt of Odisha
5	NABARD ,NHUBANESWAR
6	BASIX ,BBSR
7	BGVS,BBSR
8	ASDI
9	VEDANTA FOUNDATION

Secretary

YAR